



# **THE S.L.A.A.**

## **Sacramento, Sierra, San Joaquin, Stanislaus Intergroup**

### **Bylaws**

**Revised December 2020**

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## **I. Name**

The official name of this organization shall be Sex and Love Addicts Anonymous Sacramento, Sierra, San Joaquin, Stanislaus Intergroup ( a nonprofit organization). For public purposes the group may also use the name Augustine Fellowship Sacramento, Sierra, San Joaquin, Stanislaus Intergroup. The Sacramento Intergroup is registered with Fellowship Wide Services as Group/Intergroup ID #24812557.

## **II. Purpose**

The purpose of the Intergroup is:

- A. Through a variety of outreach methods, to carry the S.L.A.A. message of recovery in the 12 Steps, 12 Traditions, and 12 Concepts to sex and love addicts who still suffer.
- B. To build unity among the affiliated local S.L.A.A. groups.
- C. To create a spirit of fellowship among sex and love addicts as a vehicle for recovery.
- D. To facilitate the planning and promotion of S.L.A.A. related events, including: workshops, socials, dinners, fund raisers, retreats, special events, and more.
- E. To facilitate the exchange of information between local S.L.A.A. groups and Fellowship Wide Services.
- F. To serve as a medium for ordering and distributing S.L.A.A. copyright approved literature.
- G. Elect a delegate(s) to represent the Sacramento Intergroup at the Annual Business Conference/Meeting (ABC/M) of S.L.A.A.
- H. To encourage and support participation in the local and national S.L.A.A. groups, as well as provide any technical support to those efforts.

## **III. Finances**

### **A. Revenue:**

The activities of the Intergroup shall be financed by the contributions of its member groups in accordance with the 7<sup>th</sup> Tradition. Since this support is crucial, each group is encouraged to establish a regular schedule for contributing.

Secondary sources of financial income to the Intergroup may be occasional Intergroup projects, activities or events. SLAA members may contribute directly to Intergroup.

Intergroup may accept funds that are designated by the contributing individual or group for a specific, restricted purpose(i.e. ABC/M Delegate Fund, etc.). A separate ledger will be maintained for these restricted funds. The acceptance of donations from outside sources is prohibited, as outlined in Tradition Seven.

### **B. Expenditures:**

All Intergroup expenditures will directly support the Intergroup “Purpose” as outlined in Section II and must be approved by the group conscience of Intergroup. Approval of an annual budget amount for each category of expenditure is sufficient.

No part of the net earnings of the Intergroup shall ever inure to or be for the benefit of, or distribution to its members, trustees, or officers, or other private persons.

Under no circumstances shall the Intergroup carry on any activities not permitted to be carried on by an association exempt from Federal income Tax under Section 501(c) (3) of the Internal Revenue Code.

Intergroup will maintain a detailed accounting ledger of all Intergroup financial activities. The appropriate documentation will be maintained supporting each transaction. The officers of Intergroup are authorized to establish bank accounts in the name of the Intergroup including checking and/or savings accounts as deemed necessary and prudent.

The Chairperson, Vice-Chairperson and Secretary of Intergroup shall be the authorized signers on all Bank accounts.

Intergroup is committed to supporting the Fellowship-Wide Services of S.L.A.A. (F.W.S.). Accordingly, forty percent of all regular contributions received by Intergroup will be contributed directly to F.W.S. in adherence with the guidelines of the 60/40 split.

A prudent reserve of 3 months operating expenses or ¼ of the annual budget. \$2,000 (3-month operating expenses and additional operating expenses.)

#### **IV. Membership**

Membership in Intergroup is open to all SLAA groups in the 4 county area that adhere to these bylaws.

The definition of a group is:

- A. As a group, it has no affiliation other than S.L.A.A.
- B. As a group, it meets to practice the 12 Steps and 12 Traditions of Sex and Love Addicts Anonymous.
- C. Whenever possible, all events sponsored by local groups will be open to and advertised to members of all local S.L.A.A. groups.
- D. In keeping with Fellowship-Wide Services guidelines and the 2<sup>nd</sup> Tradition, it is suggested that each group (by group conscience) elect the following, group size permitting;
  1. Intergroup Representative (I.R.)

2. Intergroup Representative Alternate (to stand in for the I.R. if missing meeting)
3. Secretary
4. Treasurer
5. Literature
6. Communication
7. Greeter
8. Refreshments

## **V. Intergroup Qualifications**

All elected Intergroup officers, Committee Chairpersons, and Intergroup Representatives must meet the following qualifications:

- A. Active participation in an S.L.A.A. group within the Intergroup for a minimum of six months.
- B. Minimum of six months of self-defined sobriety/recovery.
- C. These qualifications are mandated for Committee Chairpersons and suggested for Intergroup Representatives.
- D. These requirements may be waived at the discretion of the group conscience of the Intergroup

## **VI. Intergroup Representatives**

- A. Purpose
  1. To help carry the S.L.A.A. message of recovery in the 12 Steps, 12 Traditions, and 12 Concepts to sex and love addicts who are still suffering.
  2. To assist the Intergroup in building unity between the Groups, other Intergroups, and Fellowship wide.
  3. To help create a spirit of fellowship among Sex and Love Addicts as a vehicle for recovery.
  4. To serve in whatever position they are elected or appointed within Intergroup.
  5. To serve as a conduit for 7<sup>th</sup> Tradition funds and literature for local groups.
- B. Term of Office
  1. The term of office for an Intergroup Representative is suggested to be one year.
  2. A representative may be elected for a maximum of two terms.
- C. Duties (shall include but not limited to):
  1. Attend Intergroup meetings regularly or have an alternate attend.
  2. Keep individual groups informed of decisions made by Intergroup, and obtain group conscience on such decisions as necessary.
  3. Announce activities and upcoming events sponsored or approved by Intergroup.
  4. Carry information, handouts, schedules, etc. back to his/her local group. Be responsible for the distribution of information from Intergroup to the local group.
  5. Present new ideas or needs of group (by group conscience) to Intergroup for possible adoption.

6. Keep Intergroup informed of changes of local meeting address, times or Intergroup representative.
7. Carry 7<sup>th</sup> Tradition from local group to Intergroup.
8. Ensure that S.L.A.A. copyright approved literature is used by local group. If non S.L.A.A. copyright approved materials are used, they are clearly marked as such and kept separate from S.L.A.A. materials.
9. When possible, serve on one or more Intergroup committees on a volunteer basis.
10. Uphold and follow Intergroup Bylaws, assisting in modifying the Bylaws when necessary.
11. Fulfill any and all other duties not outlined in the Intergroup Bylaws for individual Intergroup Representatives.

## **VII. Elected Intergroup Officers**

It is recommended that elected Intergroup officers not serve concurrently as an Intergroup representative. Officers and Representatives should attend Intergroup meetings regularly. Outgoing officers should make every effort to ensure that incoming officers have all the information and training they may need to take over the assigned duties and responsibilities.

### **A. Chairperson**

1. The Intergroup Chairperson may not serve concurrently as an Intergroup Representative.
2. Chairs Intergroup meetings, starting and ending with Serenity Prayer.
3. Establishes a quorum. (In accordance with section IX, I)
4. Coordinates and facilitates Intergroup activities with assistance of committees.
5. Facilitates formation of committees.
6. Maintains communication between local Intergroup Representatives, other intergroups and F.W.S. office.
7. With assistance from the Vice Chairperson, updates names, emails, and phone numbers of local officers and representatives.
8. Facilitates process of updating Bylaws once a year.
9. Facilitates process of attaining a group conscience on issues and does not vote except when to break a tie.
10. Facilitates forming strategic vision and goals of Intergroup.
11. Facilitates process of promoting ideas from local groups into discussion and possible implementation.
12. Assists and facilitates resolution of local group issues and concerns.
13. At least two days before Intergroup meeting emails a reminder to all reps and officers.
14. Together with Secretary, maintains bank account formation or account closing and maintains address and phone number changes for signatories. Signs checks for Intergroup, together with one other officer whenever possible. Reviews monthly bank statements for purposes of oversight.

### **B. Vice Chairperson**

1. Chairs the Intergroup meetings in the absence of the Chairperson.
2. Authorized to sign checks for Intergroup.
3. Assists Chairperson with Chairperson duties.
4. Other duties as requested by the Chairperson, such as acting as a liaison to a committee.

C. Secretary

1. Regularly attends and records Intergroup minutes.
2. Either electronically or in paper form, distributes Intergroup meeting minutes in draft form, type written, each month to all officers and reps for review and approval.
3. Via email, whenever possible, submits final approved electronic minutes to the webmaster for storing online.

D. Treasurer

1. Maintains a detailed accounting ledger of the financial activities of Intergroup.
2. Maintains a separate detailed ledger for restricted funds (Prudent Reserve, Delegate Fund, etc.).
3. Maintains appropriate documentation for all intergroup transactions.
4. Assists in maintaining and reconciling any bank accounts or other financial accounts held in the name of the Intergroup.
5. Issues receipts for and deposits all donations and special monies (i.e. conferences, literature, etc.) received by Intergroup into the appropriate bank account.
6. Coordinates the payments of all authorized Intergroup expenses from the account(s).
7. Ensures that all expenditures are approved by at least two officers (besides the Treasurer).
8. Facilitates contributions to Fellowship-Wide Services.
9. Maintains the prudent reserve as outlined in the Bylaws.
10. From the ledger(s), submits a written Treasurer's report at each business meeting of Intergroup containing the following information to be included in the minutes: Detail of revenue received since last report and year to date; Cash balance in all back accounts; Any outstanding debts owed by Intergroup; Net balance after considering indebtedness.
11. Prepares an annual budget with assistance of the Chairperson and reports on projected revenue and expenditures.
12. At the end of the term, will turn over the ledgers and explain the accounting systems and processes to the new Treasurer.

E. Literature

1. Maintains a supply of program-approved literature and chips for local groups.
2. Facilitates the processing of groups' orders.
3. Provides a monthly report of available inventory and a monthly accounting of orders and money accepted for payment.
4. Updates and maintains an Intergroup inventory order form with current and new literature.

5. Connects with Chair or Vice Chair regarding bank card information to make literature purchases from F.W.S.

F. Communications

1. Maintains voicemail by picking up messages and returning calls left on the hotline while maintaining anonymity personally and for the group.
2. Communicates with media or professionals who may contact S.L.A.A., or forwards these calls to Outreach Chair or Chairperson while maintaining anonymity of group.
3. Keeps S.L.A.A. listing and address updated with the telecommunications provider and F.W.S.
4. Reports monthly to Intergroup phone calls and emails received.
5. Follows the Intergroup Communication Manager policy guidelines.

G. Webmaster

1. Maintains website guided by F.W.S. suggestions.
2. Acquires and keeps record of all copyright permissions for any and all items posted on the website. Ensures that only copyright permission granted materials are posted on the website.
3. Updates local meeting information as notified by local fellowship members.
4. Answers S.L.A.A. related email. Forwards emails to the appropriate officers and reps for comments or necessary action.
5. Ensures website hosting fee is paid.
6. Reports to Intergroup monthly website statistics and emails received.
7. Follows the Webmaster Policies guidelines
8. All minutes including reports from officers, groups, ABM Delegate(s), and committees will be electronically archived and organized by month for later reference.

- H. Other officers as delegated or voted upon by Intergroup.

**VIII. Committees**

Committees formed by Intergroup conscience or as needed.

**IX. Intergroup Meetings**

- A. Attendance at Intergroup meetings is open to all S.L.A.A. members.
- B. Voting members shall be comprised of:
  1. All elected Intergroup officers except the Chairperson, who may only vote to break a tie.
  2. One Intergroup representative from each local S.L.A.A. meeting.
  3. No individual may have more than one vote.
- C. Each S.L.A.A. group shall elect an Intergroup representative. It is also suggested that, whenever possible, each group also elect an alternate intergroup representative.
- D. Business meetings shall be held monthly on a specified date and time.



- E. All Intergroup Officers, Committee Chairs, and Intergroup Representatives are expected to notify the Chairperson by email or phone at least 24 hours before a meeting if they cannot attend and to arrange for delivery of their report.
- F. Special meetings may be called with a one-week notice by any elected Intergroup officer or by not less than 1/3 of the voting members. All elected Intergroup Officers, Committee chairs and Intergroup Representatives must be notified.
- G. Monthly business will be decided by group conscience or formal vote.
- H. Meetings will be conducted under Robert's Rules of Order and guided by the 12 Traditions.
- I. The quorum necessary to conduct Intergroup business shall be a majority of the eligible voting members (e.g., 6 of 11 or 8 of 14).
  - 1. Items required for a quorum: New Business, Old Business, Voting Motions, and group conscience items.

**X. Election of Officers**

- A. All officers will be elected by a majority of an established quorum of Intergroup voting members.
- B. Elected Intergroup officers shall serve a term of one year, not to exceed two consecutive terms whenever possible.
- C. Elected Intergroup officers and committee chairperson shall be actively practicing in the S.L.A.A. program by regularly attending local S.L.A.A. meetings and Intergroup meetings. Officers and chairperson are expected to attend all Intergroup meetings. If two or more meetings are missed within their term, without good cause, the officer or chairperson may be asked to resign their position by a 2/3 majority vote of voting members at an Intergroup meeting.
- D. Term of office will be from January 1 through December 31 whenever possible. (New officers will be elected in December. New officers will serve at the first January Intergroup meeting of each year.)
- E. An Intergroup Officer, Chairperson or Intergroup Representative may be removed from office or their Representative position and replaced for just cause, as determined by group conscience, by 2/3 of all eligible voting members (officers and designated representatives.)

**XI. Delegate to the Annual Business Conference/Meeting(ABC/M)**

- A. The Intergroup will elect a delegate(s) to attend the ABC/M according to the formula outlined in the Fellowship Wide Services Bylaws.
- B. The election will occur in December, whenever possible, in conjunction with the annual election of Intergroup Officers.
- C. The delegate(s) shall commit to serve a term of two consecutive years and not more than four consecutive years as suggested by the FWS Bylaws. The Intergroup will make the final determination on the term of service of the delegate(s).
- D. Whenever possible when sending more than one delegate to the ABC/M, the Intergroup will strive to send a new delegate along with an experienced delegate to mentor the new delegate.

- E. The selected delegate(s) will become voting members of the Intergroup during the year they attend the ABC/M. They are expected to attend all monthly Intergroup meetings leading up to the ABC/M.
- F. The delegate(s) shall meet the same sobriety qualifications as Intergroup Officers as defined above.
- G. After attending the ABC/M, the delegate(s) will give a thorough written report to the Intergroup, of the business conducted at the ABC/M. This report will then be made available to all local S.L.A.A. groups. The report shall occur no later than the 2<sup>nd</sup> Intergroup meeting after the conclusion of the ABC/M.

**XII. Bylaws amendments Rev. 1/7/2002**

- A. These Sacramento Intergroup bylaws may be amended by a quorum of member groups provided one month previous notification be made to all groups and at least 50 percent plus one of all groups approve any changes.
- B. Affiliated groups should review these bylaws every year.
- C. S.L.A.A. groups may submit recommendations to Intergroup for possible action.

**XIII. 2005 Bylaws Amendments Rev. 2005**

**XIV. 2010 Bylaws Amendments – Approved by Intergroup for submission to local groups June 12, 2010. Approved by a majority of local groups as of November 2010 and declared approved by Intergroup as its December 11, 2010 meeting.**

**XV. 2013 Bylaws Amendments 3/9/2013**

**XVI. 2020 Bylaws Amended**

## **Appendix of Informaiton**

### **A. Workshop Guidelines**

- 1. Guidelines**
- 2. Sample of Committee Report**
- 3. Sample of Workshop Budget**

### **B. Suggested Outreach Guidelines**

### **C. Suggested ABM Delegate Report**

### **D. Suggested Committee Report**

### **E. Communication Manager Policy**

### **F. Webmaster Guidelines**

### **G. Treasurer ~ Pass It On**

# Guidelines for Workshop Committees

## **Members:**

There should be an odd number of members such as 3,5,7,9, etc., for voting purposes. If there is an even number of committee members, the Chair will recuse themselves from the vote.

## **Officers:**

The committee should have three designated positions:

- Chair – sets meeting dates & times, creates agendas, guides the committee.
- Treasurer – keeps financial accounting, creates reports, works with Intergroup Treasurer.
- Secretary – records meeting minutes.

**Theme:** A Theme should be devised and a flyer (Final Draft) presented to area groups at least 3 months prior to the event.

## **Speakers or Presenters:**

Speakers or Presenters should be members of the S.L.A.A. fellowship.

(Tradition 7 – Every group ought to be fully self-supporting declining outside contributions.)

## **Location:**

A location should be identified and meet the sufficient attendance capacity for the workshop attendees. Any deposit amounts should be added and included in the Budget request.

## **Budget:**

A budget request for the workshop should be presented and provided to Intergroup no later than two months before the actual date of the workshop. The budget should include, but not be limited to: facility rental, food, insurance, and other pertinent expenses attributed to the workshop.

*(If the facility rental is free then a portion of the proceeds of the workshop should be donated to the facility following the 60/40 guidelines.)*

*(Example of Budget attached.)*

- *Note: Workshop Budget should be added to the Intergroup Budget to give all an outlook of fiscal impact.*

## **Committee Reports:**

Reports should be given and presented at each Intergroup meeting via the committee Chair or a member of the committee prior to and following the event. The report should detail committee members, number of meetings, progress on identifying a location, seeking speakers, compiling a budget, etc.

*(Example of Committee Report attached.)*

## **Suggested Workshop Report**

### **Members:**

1. Sara - Chair
2. Julie
3. Sherrie

### **Meetings:**

Weekly Meetings, Wednesday evenings at 7:30pm.

### **Workshop Report:**

1. Location. We have the Center for Spiritual Awareness at its new location reserved for Saturday March 7<sup>th</sup>.
2. We need to pass a budget. Last month we started to, but we stopped because we considered passing a budget for all the workshops for the year at once. The last one netted \$10 after all expenses including the love offering for the space.
3. We need speakers and to fill in all the slots on the workshop sheet. Please pass around and sign up.
4. Please take flyers and publicize at every single meeting in between now and March 7. Please take workshop forms and ask people to sign up for jobs or to speak.

## Suggested Workshop Budget

### Return to Sacramento Intergroup

<b>Date of Workshop</b>	<b>April 17, 2010</b>
<b>Workshop Coordinator</b>	<b>Sara</b>
<b>Topic (steps/traditions)</b>	<b>Traditions 4, 5, 6</b>
<b>Speakers</b>	<b>Jim (Tradition 4?) Steve G (tradition 5), Sara (tradition 6?)</b>
<b>Refreshments</b>	<b>Beau</b>
<b>Coffee</b>	
<b>Welcome Table</b>	
<b>Clean up</b>	
<b>Set up</b>	<b>Sara, Larry, Brett and Beau</b>
<b>Master of Ceremonies</b>	<b>Larry</b>
<b>Literature</b>	<b>none</b>

<b>Category</b>	<b>Budget—suggested</b>	<b>Actual</b>
<b>Photocopying (fliers and workshop materials)</b>	<b>\$30.00</b>	
<b>Food and beverages</b>	<b>\$50.00</b>	
<b>7<sup>th</sup> tradition to facility</b>	<b>\$50.00</b>	
<b>Total:</b>	<b>\$130.00</b>	
<b>Less 7<sup>th</sup> tradition received</b>		
<b>Surplus (deficit)</b>		
<b>Note: literature sales not included</b>		

## Suggested Outreach Committee Guidelines

1. Mailing to be done annually to include:
  - a. Letter from Intergroup to the professional
  - b. F.W.S. letter to the professional (<https://slaafws.org/outreach>)
  - c. Pamphlet: For the Professional
  - d. Pamphlet: Addicted to Sex, Addicted to Love?
  - e. Printed Local Area Meeting Schedule
2. Create a budget for the project covering the following: printing, pamphlets, postage, shipping (from F.W.S.), office expenses (paper, labels, envelopes, etc.).
3. Reference for addresses:
  - a. Area therapist county website: Sacramento, Stanislaus, San Joaquin, Sierra, El Dorado, Placer, Yolo, Sutter.
  - b. [www.psychologytoday.com](http://www.psychologytoday.com)
4. You may also want to get information out via email and collect therapists and professional association's email addresses. When sending the email attach:
  - a. Letter from Intergroup to the professional
  - b. F.W.S. letter to the professional
  - c. Pamphlet: For the Professional
  - d. Pamphlet: Addicted to Sex, Addicted to Love?
  - e. Local Area Meeting Schedule
5. Committee Report (See "Suggested Committee Report")

# Suggested ABM Delegate Report

SACRAMENTO, SIERRA, STANISLAUS, SAN JOAQUIN INTERGROUP

## ANNUAL BUSINESS CONFERENCE/MEETING SAN ANTONIO, TEXAS 2018



Thank You  
for your service!

As your Panel 64 Delegate, thank you for allowing me the opportunity to represent CNIA at the 65th Annual Meeting of the General Service Conference of Alcoholics Anonymous. The work of the Conference goes on all year long and I am looking forward to continuing our work throughout 2015.

By sharing your groups conscience on the agenda items, you gave me an amazing depth of experience, strength, and hope from which to share at the Conference. I will be forever grateful for the tireless work and love for Alcoholics Anonymous which you have shown me.

In Love and Service,

Kelley M.,  
Panel 64 Delegate  
California Northern Interior  
Area 07

### 65th General Service Conference

Theme: Celebrating 80 Years of Recovery,  
Unity and Service - The Foundation of Our  
Future

On April 19-25, 2015 the 65th Annual Meeting of the General Service Conference (GSC) was held at the Crowne Plaza Times Square Hotel in New York, NY. There were 134 voting members of the Conference consisting of Area Delegates (93), General Service Board Trustees, A.A.W.S. and A.A. Grapevine Directors (26), and General Service Office (GSO) and Grapevine Staff (15). Every

The trustees' Literature Committee develop literature for the alcoholic with mental health issues. The committee requested that a wide range of A.A. recovery experience be gathered from members with mental health issues, and from those who sponsor such members for inclusion in literature on this topic. The committee requested that a progress report be brought to the 2016 Conference Committee on Literature.

The pamphlet "A.A. for the Woman" be revised by gathering current sharing from women in A.A., and suggested inclusion of stories from women in the military, single mothers, and women of diverse backgrounds. The committee requested that a draft revised pamphlet or a progress report be brought back to the 2016



The video public service announcement, "Doors," developed by the trustees' Public Information Committee, was approved with the following change: Rerecord the dialog voice-overs using professional voice actors in English, Spanish and French, removing any sense that the voices are recorded phone calls, at a cost not to exceed \$24,000. The video public service announcement, "Doors" be centrally distributed, tracked and evaluated at a cost not to exceed \$40,000 in addition to the work of local committees, and that the information gathered from the process be forwarded to the 2016 Conference Public



"Should the Fellowship desire that Grapevine and La Vina continue into the future--for alcoholics and friends, many of whom may not know about A.A. yet--additional subscribers will be required. Organization-wide support for A.A. Grapevine, Inc. is integral to this effort, to our history and to our future." --Excerpt from Corporate Board



"HONESTLY HONEY IT LOOKED LIKE AN AA MEETING . THERE WERE DRUNKS EVERYWHERE."

Reprinted with permission from AA Grapevine



# A.A. FINANCES

## Literature Recommendations

The trustees' Literature Committee update the pamphlet "A.A. and the Gay/Lesbian Alcoholic" to include a wider range of A.A. recovery experience from members who are gay, lesbian, bisexual, transgendered and gender nonconforming, especially regarding being a newcomer and sponsorship. The committee requested that the title of the pamphlet be revised to reflect this broader scope and that a draft revised pamphlet or progress report be brought to the 2016 Conference Committee on Literature.

*"And remember, Finance has no importance in and of itself. Finance is simply a way to help carry the message to the still-suffering alcoholic. Thank you." - David Morris, Treasurer, Class A Trustee (non-alcoholic)*

*The Big Book is available in 69 languages and pamphlets are available in 87 languages. (excerpt from A.A. World Service Corporate Report)*

*The Treasurer of the General Service Board gave a comprehensive presentation of the combined finances of A.A.W.S. and A.A. Grapevine. Included was a 70 slide powerpoint presentation which is available for your review. There will also be a complete financial report in the 2016 Financial*

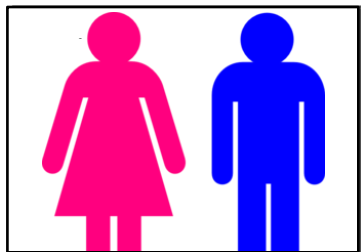
## Literature Considerations

The committee reviewed a suggestion to produce a book combining "Twelve Steps and Twelve Traditions" with the "Twelve Concepts for World Service" and took no action. The committee noted that the ~~Twelve Concepts for~~

~~World Service~~ are suitably placed with ~~The A.A. Service Manual~~ and in a stand-alone volume.

## 2014 MEMBERSHIP SURVEY RESULTS

(FULL RESULTS WILL BE AVAILABLE SOON IN DAMDUUETT)



**Gender of members**

**38% Women**  
**62% Men**



**Meeting Attendance**

Members attend an average of 2.5 meetings per week.

Under Age 21	1%
Age 21 to 30	11%
Age 31 to 40	14%
Age 41 to 50	21%
Age 51 to 60	28%
Age 61 to 70	18%
Over 70	7%

Average members of 50 years.

Sex and Love Addicts Anonymous  
Sacramento, Sierra, San Joaquin, Stanislaus  
Intergroup Bylaws  
Revised – 2020

***Suggested Committee Report***  
Bylaws Revision Work Group 2020  
Report to Intergroup  
October 10, 2020

**Members:**

1. John S.
2. Robin C. – Record Keeper
3. Sean H.
4. Rich A.
5. Gabriel G. – Committee Chair

**Meetings for 2020:**

- April 22<sup>nd</sup>, April 29<sup>th</sup>, May 6<sup>th</sup>, May 13<sup>th</sup>, May 20<sup>th</sup>, May 27<sup>th</sup>, June 3<sup>rd</sup>, June 10<sup>th</sup>, June 24<sup>th</sup>, July 1<sup>st</sup>, July 8<sup>th</sup>, August 5<sup>th</sup>, August 12<sup>th</sup>, August 19<sup>th</sup>, September 2<sup>nd</sup>, September 16<sup>th</sup>, September 30<sup>th</sup>, October 7<sup>th</sup>.
- Weekly Meetings, Wednesdays 6:00pm, 60 minutes via Zoom.

**Next Meeting:** October 14<sup>th</sup>

**Projects:**

1. Officer Liaisons :
  - Chair - Rich
  - Vice Chair - John
  - Secretary - Sean
  - Treasurer - Rich
  - Literature – Robin
  - Communications - Rich
  - Webmaster – Gabriel
2. Table of Contents – Create & Edit.
3. Appendix – Include:
  - a. Workshop Guidelines
    1. Guidelines Page
    2. Sample of Committee Report
    3. Sample of Workshop Budget Report
  - b. Outreach
    1. Guidelines Page.
  - c. ABM Delegate
    1. Sample Report
  - d. Committee Guidelines
    1. Report Example.
4. Bylaws Revision

## **Intergroup Communication Manager Policy**

The phone needs to be answered on a daily basis, or as close as possible to this as practical. Calls are returned to people who have left messages. The main purpose of the phone contact system is to get people to meetings. A secondary purpose is to provide information to the media, therapists, and professionals who call. A third purpose is to refer people to other S-group meetings in areas where there are no S.L.A.A. meetings.

Here are some guidelines for answering the phone:

1. DO NOT give out your name (other than first) and never give out your own phone number. Dialing \*67 before calling out will block your number if calling from a personal line.
2. When talking to people on the phone, be careful not to engage in a long drawn out discussion.
  - a. It is not a meeting.
  - b. It is not a time for getting current.
  - c. If you begin to feel triggered or uncomfortable, tell them you'll have someone else return the call.
  - d. If you are triggered after a phone call, try doing centering things: Serenity Prayer, Affirmations, contact your sponsor, or make a call to a sober SLAA member from your group
3. Phone calls should, if possible, be returned by the same sex person. We are in the process of developing an 'alternate' call list so that calls may be forwarded.
4. When calling and getting an answering service, machine, or other person answering the phone, ask to speak to the person who called.
  - a. Often people have NOT shared with a spouse or other people about their problems and we are trying to make people feel safe and anonymous.
  - b. DO NOT leave a call back number under any circumstances.
  - c. Often people will pry about why you are calling or the reason for the call.
  - d. The simplest explanation is that you are returning a call. No more.
5. During the process of the call ask:
  - a. Why did the caller call the hotline?
  - b. What are they looking for?
6. We DO NOT refer partners to meetings. If you get someone who is looking to get someone help, a partner or friend, tell them that the individual must make the phone call.
7. When therapists or professionals call to refer a patient/client, please tell them that the patient/client must make the call.
8. When therapists or professionals call for information, you may:
  - a. Direct them to the national F.W.S. website: [www.slaafws.org](http://www.slaafws.org)
  - b. Give them the phone number for F.W.S. (210) 828-7900

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- c. If they want information packets, direct them to print the free pamphlet "For the Professional" which is available both at [www.slaafws.org](http://www.slaafws.org) and at [www.sacslaa.org](http://www.sacslaa.org). They can also call or write to F.W.S.
9. DO direct people to meetings. You may do this in one of several ways:
- a. Direct them to [www.sacslaa.org](http://www.sacslaa.org)
  - b. Give them the nearest meeting to their location.
  - c. Give them instructions on how to print out a meeting list from the website.
10. DO NOT give out the email addresses or phone numbers for Intergroup Officers, Intergroup Representatives on the phone.
11. DO be: Warm, Friendly, and Encouraging
12. DO tell them:
- a. That a first meeting is always a frightening experience for everyone, this is normal.
  - b. That there is strength in recovery.
  - c. That there is hope in recovery.
  - d. That the Twelve Step program works if they work it.
  - e. Your anonymity is important to us.

## Webmaster Policies

The following guidelines are suggestions. The purpose of this list is to help us better fulfill the traditions of SLAA.

**Tradition 1: Our common welfare should come first. Personal recovery depends upon SLAA unity.**

- The site should contain only SLAA approved material. All written materials, graphics, and pictures should have copyright permission, as well as a detailed written reference to those whose work was copied with permission. All copyright permissions are posted online and transferred from one webmaster to another in a formal way, along with all other permissions and access codes.
- Only materials that have received copyright publishing permission for this website will be considered for publishing on this website.
- Only materials that have been approved by Intergroup will be published online.

**Tradition 5: Each group has but one primary purpose - to carry its message to the sex and love addict who still suffers**

- Meeting listings on the website site should contain meeting intent, meeting location and information to find a meeting as well as specific information such as women only, closed or open, etc.
- The site will have a sober focus and materials focused on sobriety:
  - No links to unsobber sites.
  - Link only to controlled and secure sites - make sure there is no place for unmoderated or unsobber posting.
  - Chat room and discussion board will be used only for sobriety focused meetings or chats, for members only.

**Traditions 4, 5, and 12:**

Meeting listings should not post telephone numbers nor contact names that would threaten sobriety or anonymity, unless specifically approved by that person and/or group.

**Tradition 12:**

It has been a general practice on this site to have listings of groups only after a Group Conscience is taken of each group. Any group in our service area may delete or add itself to this site through a group conscience.

**Tradition 2:**

The website will contain references as to who is sponsoring the website and have contact information in order to facilitate communication.

**Traditions 10 and 11:**

The site will have sober materials and sober references only.

Adapted from San Diego Intergroup website

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**Treasurer ~ Pass it On.**

1. Bank of the West checking account.
  1. User id and password
  2. 2263 is the checking account
  3. Print out the transaction history for the month
  
2. Bank of the West savings account.
  - a. Userid and password already entered.
  - b. 2263 is the checking account
  - c. Print out the transaction history for the month
  
3. PayPal Account
  - a. User id and password
  - b. Activity -> monthly statements if after the first of the month
  
4. 5 column worksheet
  - a. Use the deposited information from the 3 sources above to create the 5 column worksheet. It will have columns for literature, 7th tradition and delegates.
  - b. Total that info for the spreadsheet.
  
5. The spreadsheet.
  - a. Enter the info for 7th tradition, literature and delegates in the income section.
  - b. Enter expenses for PayPal charges per transactions and monthly charges and all other expenses as realized in the checking account.
  - c. Record all transactions for 7th tradition delegates and literature for the previous month.
  - d. The spreadsheet totals must equal the checking account balance, savings account balance and PayPal account balance.